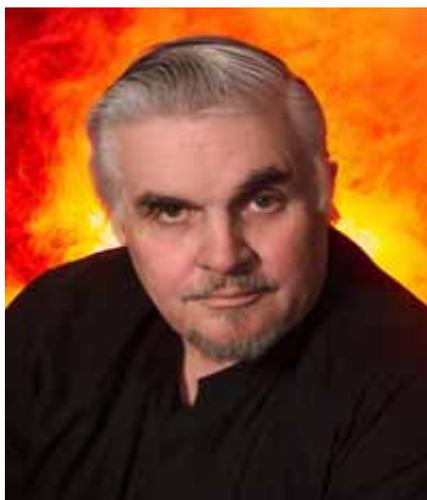


MODERN PALMREADING 101

by

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PREFACE

A note from the author:

This was originally written in a much shorter form as a set of informal 'hand-out' notes which I gave to the attendees of my Basic Palmistly workshops. People asked repeatedly why I didn't have a book on the subject -but they settled for a copy of the original notes.

I've expanded just a bit on the contents, but still, this is not to be viewed as an extensive text on the subject.

If you learn the contents of these pages, you will be able to intrigue, amuse, entertain - and often astonish -people!

Palm reading is extremely popular! Once you've learned the basics, you will find that people will line up and wait for you to look at their hands! As your reputation grows, you'll find yourself invited to more parties and social functions than you can handle.

It may surprise you, but you will find that actually doing Palm Reading, even very basic Palmistly, can be a real-life training class for your intuition!

The repeated *conscious and alert* interactions with people will definitely sharpen those occasional mysterious feelings and hunches you've always had.

You will soon begin to find yourself experiencing stronger -and more frequent- flashes of intuition about people! This can, if you are unprepared for it, be unsettling at first. *Spooky!*

The more hands you read -the stronger your intuition will become.

I appeal to you to treat your own 'clients' gently; with honesty and care! The things that you tell them can have a powerful affect on them - even if they seem merely amused.

Mostly, Palm Reading can be fun for both you and your clients!

Enjoy!

The Three Major Categories of Palmistry

Here, in the western countries, it can be broken down into these categories:

Classical Palmistry

This includes everything from the mid 1200's in Europe up to -roughly- the early 1900's. Much of it has the old European 'cross my palm with silver' feel to it, and it is heavily balanced in the direction of predictions.

Some of it is based on the very narrow and limited world view of those ancient times. Some of it is misleading folklore, pure and simple. One of the old books noted a tiny line on the hand and stated that this signified that the person would "hang in the gallows for stealing the property of a nobleman. " I'm fairly certain I'll never say that to anyone!"

Sadly, too many old movies have influenced people to see this as what Palmistry is all about. Telling you when you are going to be sick and when you'll die, and what color hair your next lover will have. A silly point of view, but unfortunately common.

Still, some of the basic assessments of Classical Palmistry are equally valid today and the additional modern insights agree.

Modern Hand Analysis

This includes the best of Classical Palmistry, but is not as involved in trying to predict specific events. Modern Hand Analysis also takes in to account all of the relevant psychological and physiological information we've learned since Freud - or slightly before.

As we can tell a lot about the person from their hands, we can make some assessments of how that person will react to some situations, so we can talk about the general trends and the patterns in their lives, certainly.

I find this to be the most valid part of Palmistry; clear insights into the mind and character of the client.

When people ask me what, exactly, is the usefulness of a Palm Reading, that's about what I tell them. That they'll gain a new -outside- look at themselves. A viewpoint that probably isn't quite like that of their family, friends, lovers or employers. "Like a photo taken of you from an angle you've never seen before." It can be useful - or it may not be.

Intuitive (Psychometric) Palmistry

This isn't really based on Palmistry book knowledge, and probably isn't strictly Palmistry at all!

When one is interacting with a client, holding their hands, sensitive and experienced Palmists can't help but get intuitive impressions about that client. You will find that some of these can be startlingly accurate. I think that these flashes of intuitive insight, based on touching and conversation are not limited to just Palm Readers.

These stronger impressions can definitely help clarify subtle clues in the hand, as well as bring up issues that can't really be seen in the hands in the first place. As I've said, a lot of experience with Palm Readings is an excellent training ground for one's intuition about people.

A good Palm Reading will contain elements of all of these three categories.

About hands

When you look around the room, you may realize that almost everything that you see has been designed by, made by, installed by - or operated with - human hands. It's obvious that our hands as extensions of our minds have created our civilization.

The relationship between our hands and our brain is so very close that the hands have sometimes been described as 'the visible part of our brain.' This may be only a very slight exaggeration. There is more space in our brains devoted to our use of hands and fingers than any other single part of our body! (Lips and tongue being next, for language.)

Watching people talk, using gestures for emphasis or increased precision in communication, shows the obvious second-to-second interrelationship with our conscious and subconscious thought processes.

It is not so surprising that our hands can reveal information about us!

Certainly the medical profession understands that clues to some health problems can be found in the hands, fingers and nails. Circulatory difficulties, lung complications, some types of retardation, or other conditions, can often be indicated by tell tale signs in our hands.

When we're very young, our nervous system mysteriously chooses one of our hands to be the dominant one. This will be the hand that we use most often for our most important, consciously controlled functions - such as writing.

When we are born, our hands aren't identical. They are similar in many ways but not identical.

Over time, some of the features on the dominant hand, (the right hand for most people), are changed by its more prominent activities and our own personal inner changes. Like a diary .over the years our hands can be a generalized record of how we've felt, acted and reacted to our environment. As we humans tend to be creatures of habit certain general predictions about future actions can be made.

Our passive hand doesn't receive the same high level of conscious attention and training over the years. Consequently, it changes less. For 85 -90% of us, this is our left hand. Our passive hand will show more clearly who we have been - our past. One can gain a glimpse into the major talents, strengths and weaknesses we began life with.

From a Palmistry standpoint the dominant hand, with its changes, will show more clearly who we are - our present self and present path.

It was for this reason that the ancient Palm Readers felt that “the past is recorded in the left hand and the present - with hints of the future - can be seen in the right hand”. It’s not quite so clear cut. but they had a point. Some of this really depends on which is your dominant hand. You must focus on the left hand when reading for left handed people.

If you know the strengths and weaknesses that a person began with, (learned from their passive hand) and you can see the direction they have taken since then. (seen in the dominant hand) you can make some extrapolations about the next most likely step they may take.

It’s not as mysterious as the old movies make it out to be!

Hand Types

There are many different details and theories, but Palmists agree that there are a few general types of hands.

Basically, it comes down to the idea that hands with a more square shaped palm are the hands of doers. Practical hands they are called sometimes. These are hands found on those who are more likely to use tools and make or build things. Such people are usually more manually talented, it seems; able to more easily learn tasks that require a high degree of digital dexterity .Playing piano, surgery , sculpture, watch repair , cabinet making or similar things.

People with practical hands seem to just naturally find satisfaction and tension release in using their hands. Even those with practical hands whose work doesn’t involve a lot of precise manual activity will often be found to have hobbies that do so. It is a way for them to relax and unwind.

Longer, narrower and bonier palms , the second major category , are found on people less physically oriented - but more *cerebral*. Hands with such a general shape may be called sensitive, receptive or intuitive hands. Such people may have a lot of differing talents, although usually they won’t involve difficult or high speed hand and finger skills. The balance is more mental than physical.

These hands are used more for feeling, for sensing and touching. You will find them constantly touching people and objects around them, as though picking up impressions about their environment. I am convinced that they do gain information in this way, though much of it may be subliminal and/or intuitive.

Combined with the two basic palm types, wide or narrow, are the two general finger types: Short or long.

Shorter fingers are an indication of quick physical reflexes. People with shorter fingers are seen as quicker to make judgments, as well, and are viewed as generally more versatile.

They are more open to change, with possibly quicker tempers. More physically active, restless and impatient.

Longer fingers have the opposite significance. More patience: more able to wait. As these people don't mind taking longer - they are usually somewhat better with details as well. (These people are also more resistant to unplanned changes in their lives!)

This leads to Palmistry's common sense generalization that in a household, the partner with the longest fingers should handle the checkbook!

And just how long is long, and how short is short?

Look at the *backs* of the hands. The finger length is measured from the knuckle at the base of the middle finger to the finger tip. This, then, is compared with the length of the palm, from the same knuckle back to the beginning of the wrist. Ideally, the fingers should be quite a bit longer than the palm.

It will take comparing a lot of fingers and palms before you get a feel for how the average hand looks.

And why the back of the hand? Look at your own hand and you'll see. If you make this judgment while looking at the palm, you'll be misled. Because of the way the skin is angled between the bases of the fingers, the fingers look a lot shorter from the palm side. (There's something you probably didn't notice before, eh? Isn't learning wonderful?)

Areas of the hand and associated lumps and bumps

On examining your hand, and thinking about it, you may realize that the thumb and first two fingers on each hand do nearly all of the complex actions that your hands need to do.

Writing, fine needle work, brain surgery, microscopic electronic assembly work: most of these are done exclusively by those fingers on your *dominant* hand.

Each of these activities require a high level of conscious feedback and control.

It's for this reason that modern Palmistry divides each hand down the center. The thumb side of the hand is the active *-conscious* -side of the hand. It corresponds to the conscious side of *us*. We look here for matters dealing with personal energy, will power, determination, planning and other conscious elements. The Head Line, concerned with our mind and how we use it, begins on this side of our hand.

The little finger side of our hand is the passive *-unconsciously controlled* -side of the hand. It is associated with the unconscious, (or subconscious, if you prefer), side of *us*. We look at this side of the hand for insights into creativity, imagination and intuition. The Heart Line, associated with our emotions, (and consequently our relationships, too), begins on this side of the hand.

Some of the recent physiological and psychological insights into the relationship between people and their hands is based on how our hands develop while we were still a tiny embryo.

First our arms are formed, then our hands, and finally our fingers. These aren't all that's growing, of course; at the same time other parts of our body are also busily being created. Nerves are branching out, body mass is increasing and countless other complex 'construction projects' are under way.

Many of the kinds of genetic growth that are going on leave their record in the hands. If there are biochemical errors that occur throughout the body, there can be indications of some of these in the hands. Doctors know that certain types of retardation, for example, can be suggested in some very particular kinds of infant hand prints.

In the same way that fetal alcohol syndrome includes a very specifically shaped face, some developmental problems include equally identifiable signs in the hands.

A recent (November '91) study found an intriguing clue in the hands of twins, where one twin was diagnosed as schizophrenic and one was not. The tips of the fingers on the schizophrenic twin were very slightly shorter, overall, than those of the unaffected twin.

These finger tips were being formed after the lower palms and bases of the fingers. This roughly corresponds to the time period when the new brain is very rapidly growing more and more complex.

Apparently whatever biochemical or hormonal error occurs within the 'wiring' of the brain during this time also causes some minor difference in the formation of the tips of the fingers.

The lower parts of the palms nearer the wrist were being formed as the trunk of the body was filling out. People with dense, muscular bodies will have equally 'meaty' and muscular hands notably at the base of the thumb. Thinner, bonier people will have thinner, bonier hands.

It's easy then to see why a Palmist may confidently predict that someone with thinner, flatter, more bony hands will likely not excel at sports involving hard physical contact - like sumo wrestling football linemen!

Over the many centuries of looking at hundreds of thousands of hands Palmists have concluded that there are some general - but quite definite - connections between certain areas of the hands, and certain physical or psychological traits, talents and weaknesses.

Some of these empirical signs seem to make some sense, yet others, so far, have no satisfactory cause and effect explanations.

The fleshy 'bumps' on the hand are usually called 'mounts', by Palmists, and there are eight in all. We will focus on the three major - and one minor - mounts in this introductory

session. The larger and more developed any mount is, the more natural talent and energy is available to be devoted to the corresponding trait.

Note: You will notice some strange names for the various parts of the hands. Palmistry when it came to Europe in the mid 1200's, didn't have modern psychology as a way to view - and categorize - human motivation and actions. There were no concepts like *introvert*, *extrovert*, and *subconscious*, but there was the language of astrology. People understood astrological terms, and used them to describe people and their actions. It's not surprising that these terms were also used in Palmistry. Here's one of those terms now:

Mount of Venus

This is the area immediately at the base of the thumb. It's on the *conscious* side of the hand. It may help in understanding this Mount to imagine it as a battery. The larger this Mount is, the more 'Juice' - the more energy and vitality - this person has available to them. It is most likely that this energy will be used for physical pursuits, although it is available for whatever talents the rest of the hand may show.

The old Palmists used to recommend that women with larger Mounts of Venus would make better mates, as they would have more stamina and energy for work - and also would be more *physically passionate lovers!* It's no accident that this Mount was named after the goddess of love. As sexist as this old advice sounds, it's equally true for men, of course. Those of either gender - with large Mounts of Venus - will be more physically oriented - more body conscious - in general. Busier, more active.

The opposite is true. Those with a flatter Mount in this area will be less physical in their pursuits. They will tend to prefer activities that are not so rugged and competitive. They will tire more quickly and need to 'recharge their batteries' more often. Perhaps with more days off, more naps, more breaks. In some cases, the best advice for these people is to not spread themselves too thinly, but rather to focus on a smaller number of simultaneous activities or projects.

Mount of Mars

Right next to the Mount of Venus, moving up toward the base of the fingers, is the Mount of Mars. This small, thumb-tip sized area is associated with physical aggressiveness and mental and physical toughness.

In this instance we are not exactly looking for a well developed Mount, but rather a Palmist will gently push at this area of the palm to see how hard it is - or is not.

Any muscle which is tensed repeatedly will grow larger and firmer - that's one reason people exercise, after all. Those who are more likely to habitually tense these parts of

their hands, reflecting their psychological tensions or stress levels, will have firmer Mounts of Mars.

So the harder this area of the hand, the more assertive, aggressive or stubborn the person will be. More intense. Less easily talked into things or sales pitched into anything. They will tend to form their own opinions and they will have little difficulty in saying “no” to the demands of others.

The opposite is true, as you might have imagined. Those with a very soft Mount of Mars will be more trusting, gullible, more easily talked into things by others. They will have a history of doing far too many unrecognized and unrepaid favors for others. They will look to those around them for the ‘right’ opinions and answers. They will have a harder time saying , “no” to the demands of others.

Mount of Luna

Remember the little finger side of the hand is associated with the un/ subconscious side of ourselves? I find it fascinating that the old Palmists called the pad at the little finger edge of the hand, (about the first two inches from wrist up toward the little finger), the Mount of Luna. They associated Luna -”moon” - with Imagination, creativity and with intuition. Pretty much exactly what we associate with the subconscious!

The puffier this Mount is. the more developed the imagination, creativity and the intuition of this client. As you are now accustomed to hearing, the reverse is true.

Mount of Neptune

This is a most interesting feature to find on a hand. It is. according to most texts. and my own experience. a relatively rare mount. (One reliable expert tells me that his research shows that *only five or six people in a hundred have* a really large, well-defined Mount of Neptune!)

Look at the base of the palm, just above the wrist. There may be a smallish triangle, (or two or three. sometimes), pretty much in the center of the base of the palm. The point of the triangle will point upward toward the fingers. The more well-defined it is, and the puffier it is, the better.

This mount is usually found on the hands of people with both a longer Head Line and a more pronounced Mount of Luna. In other words, they will be both quite bright and quite intuitive. This isn’t too odd considering the significance of the mount.

People who have it are so intuitive that they may intimidate the superstitious! In some parts of the world, these people may be called witches or wizards - or worse!

I have found that these people are not only exceptionally good at “reading” people but they are also equally adept at reading situations. They have an uncanny knack of “guessing” what the next most likely thing to occur will be in many complex situations.

They make very good therapists, for example, as they are good at working with people, being empathetic and understanding. If they are involved in work that requires that they interact with people a lot, they will surely be very, very good at it! They make wonderful Palm Readers!

The odd thing about this line is that, although it’s rare, when two of these people meet, they seem to form very strong friendships. If you find a client with this mount, have them think of a very close friend that they’ve known for a quite a while. Have them examine this friend’s hand for a Mount of Neptune.

It’s my idea that these people seem to be able to communicate on so many different subtle levels that they bond strongly. Even when they move away, they still visit, write, and call. Such friendships are very often long lasting.

So, even though this mount is only found in five or six percent of people, they seem to be found in small groups! Intriguing!

Major Lines

I sometimes think of the lines in the hands in this way:

Do you remember the basic science experiment that you may have done in school? You put a magnet beneath a piece of paper and sprinkled iron dust on the top of the paper .

Instantly, the dark metal dust formed long, curved lines on the paper, following the invisible lines of magnetic force emanating from the hidden magnet below.

I see the lines of our hands as being affected in similar ways. Our palms are living tissue, after all, growing and renewing every minute. I think that the tissues’ cell growth is affected by similar lines of force created by the bioelectrical fields surrounding the extensive network of nerves within our hands.

Stronger, more intense patterns of energy usage, caused by repeated physical and mental activities, will cause changes in the various lines as they are being recreated and renewed.

Most people don’t realize that some of the features of their hand can change. One of the reasons people request a Palm Reading is that they have become aware that the lines in their hands are different than they used to be!

The major lines change the least, but when they do, I find that it takes many months. I tell people not to bother getting their hands read more than twice a year at the most. There just isn’t time enough for changes to be seen.

The fainter, secondary lines can change much more quickly - sometimes in just a few weeks.

So any line that is deeper, consistent and more clearly defined shows a stronger emphasis of the corresponding trait. A deep line shows more time and energy is being used in that particular area.

The reverse, of course is also true. Fainter lines show less activity, less energy, (Often the hands of those who do nearly nothing day after day - possibly for serious health reasons - will have fewer lines and/or very faint lines.)

Lines that are made up of many interconnected, twisted smaller lines -resembling woven chains - will show more ups and downs in activity, many changes and even, possibly confusion.

Heart Line

This is the first major line below the base of the fingers. It begins beneath the little finger and moves toward the thumb side of the hand.

It's significance has always been emotion - and how readily it's expressed. Or not, as the case may be. With emotions then, comes the secondary meaning of this line: Relationships.

There are a few different basic kinds of Heart Lines.

A curved Heart line reveals someone who is quicker to broadcast what they feel to the universe around them. The more curved the line the more often - and more intensely -the person emotionally interacts with those around them.

They show what they feel most of the time and are more affected and influenced by the emotions of those around them.

These people make decisions based more on what they feel about something than what they may intellectually know or think about it.

Those with nearly U shaped Heart Lines are so emotionally reactive that they usually can't prevent themselves from broadcasting their stronger feelings to the world around them where-ever they go. They are always, it seems, emotionally reflecting and responding to whatever strong emotion they came into contact with last.

Straighter Heart Lines are found on people who keep more of their feelings to themselves. It isn't that they don't feel things, though that may sometimes be the impression they give, but rather that they don't express it so often or as intensely.

They feel more than they show.

They are more able to be objective in their decisions. as they aren't quite so pushed and pulled around by their feelings or the feelings of others.

The more "tangled" looking this line is. the more complicated, changeable and less smoothly the emotions - and the relationship(s) - will be for this person.

The "smoother" - more single-lined - the Heart Line is the more smoothly and consistently the emotions and relationships will run over time. Fewer abrupt ups and downs and less confusion and chaos.

Longer Heart Lines classically have been seen to indicate longer relationships. (I do find these more in the hands of people with far fewer - but longer - relationships in their lives.)

Shorter Heart Lines = shorter relationships. (I see these in the hands of those who have a larger number of shorter relationships.)

Over the years I think I have seen a pattern where those with the shorter Heart Lines are less emotionally crushed by the ending of romantic relationships. They seem to just find another one. ..and indeed may possibly be juggling more than one relationship at any given time anyway!

The people with longer heart lines seem unsatisfied with this life style and require longer, closer relationships with far fewer people. They seem to romantically put "all of their eggs into one basket," and are emotionally more devastated by the ending of a relationship.

Head Line

This is the line, beside the Heart Line, just slightly lower on the palm toward the center. It starts on the thumb side of the palm and may go straight across the palm or drop toward the wrist in a curve.

The major types of Head Lines: Long, short, curved or straight.

The old over-simplification was that if this line was very short - less than half the width of the palm - you were "dumb as a rock!" If the line was longer - more than halfway across the palm, then you were, of course, far more intelligent.

I tend to see the longer Head Lines as indicating longer mental association chains. Longer intellectual processes that are likely to be slower and involve more detail. A longer attention span; capable of detailed, subtle research without losing sight of the original goal. It seems that such people can hold an idea or mental image firmly in mind longer. This isn't all that comprises high intelligence, of course, but is a common factor .

The deeper the Head Line, the more intense this person's intellectual activity. I have seen long, but faint Head Lines, which suggests to me someone who has a top notch mind, but isn't really using it very much!

Probably, I'd bet more often on the long-term success of someone with a somewhat shorter Head Line given that it was a stronger and deeper line. I'd know that this person was more actively using the mind they had as opposed the longer, but far fainter, head line.

A notable shorter Head Line would show someone who would not get so involved in the details of a project but rather the general outlines. They would find long, slow projects "boring" and intolerable. They seem to need to be able to see progress easily and fairly immediately as they work.

I also see that those with very short Head Lines have a "wandering attention span." It seems more difficult for them to stay focused on things. It doesn't mean that they're stupid at all, just that study, classes and memorization are much more of an uphill struggle for them.

The longer Head Lines don't really insure brilliance, either, for that matter. These people may tend toward being day dreamers and people who may spend too much time in their fantasies. Some of them plan things forever, but take little action.

The straighter the Head Line is, moving more directly across the palm to the little finger side, the more direct, nuts-and-bolts common sense kind of mental processes will be seen. I find a connection between those with careers in the hard sciences - mathematics, engineering, electronics and the like. Hard factual studies, where the details are usually measurable, cause and effect elements.

Head Lines that tend to drop further down toward the wrist on the little finger side of the palm, seem somewhat more likely to work in the "softer" sciences. Psychology, sociology, the arts, or other less quantifiable, more intuitive or creative work.

As a longer, downward-sloping Head Line is moving into the Mount of Luna, (that puffy part along the little finger edge of the palm), such a persons mental processes will show more imaginative creativity .

Extremes in this direction would indicate someone who spends a lot of time and energy on daydreams, fantasies and ImagInation. It is very likely that they will have some sort of creative outlet in their life. If it isn't their work, then it will be something that they do in their non-job hours. Without such a creative outlet, they can sometimes be very frustrated and "unfulfilled".

Simian Line

Once in a great while you may see a hand where there just aren't two lines - a Heart Line and a Head Line. You will find only a single line, usually quite straight, all the way across the palm. This has been called a Simian Line. It's not terribly flattering, as it refers to a similar line found in monkeys and apes palms, but that's the name, just the same.

These rarer people will, as you might expect, have an interesting mix of emotions and intellectual judgments. They will find it very difficult, if not impossible, to separate what they think from what they feel.

You might find them to be somewhat fanatical in some areas of their life as their intellectual judgments are so frequently altered by their feelings, and vice versa. I have found these people to be quite interesting and they can hold some very strong opinions about a wide variety of subjects.

I have also found that such people may be quite intense and have a definite artistic ability of some kind. The strong blend of emotion and intellect, perhaps, is the basis for their often unique artistic creations. Often you will find that they have some favorite activity which involves using their hands. It seems to serve as a useful - and apparently necessary - outlet for their tensions.

Life Line

This line is the one that a lot of people will possibly recognize. even they know little else about Palmistry. It is certainly the basis for much misunderstanding and unnecessary concern.

The old classical Palmists of Europe saw that the "elderly" had longer. more curved - and deeper - Life Lines. (Keep in mind that during these historical times old age was the late thirties to early forties!)

Seeing this clue they felt that it was equally valid to predict whether a person would live a long or a short life based on this line alone.

More accurately, the more curved and deeper the Life Line, the more you can safely tell that person that they are a very busy, energetic person who can work long periods without resting. That they have the energy to accomplish most everything that they really want to accomplish. The life line is the "border" around the Mount of Venus, after all! A flatter Mount of Venus has a different - shorter, straighter, and fainter - border. So you can see how the Life Line got it's reputation.

In those times when these life predictions were being made living conditions were far different. Nutrition was horrible for most people and antibiotics were, of course, unknown and there was the lack of indoor plumbing! Under such harsh conditions having a stronger

constitution with a deep Life line - indicating all that energy and vitality - probably did have some bearing on the general life expectancy of the time. Nowadays, it's pretty much irrelevant.

The shorter, fainter Life line will show someone who may work very hard but for shorter periods of time before they need to rest. Often you will find that they just naturally aren't involved in strenuous, high energy physical work. They won't be so physically oriented.

Those who do quote the very old Palmistry books on life expectancy based on the Life line are often frightening people needlessly. It's an indefensible practice, and a sure sign that they aren't very well trained!

Fate Line

The final major line that we will examine, in this introductory look at Palmistry, isn't actually found on all hands! When it is, you will see it beginning at approximately the center of the base of the palm and moving upward.

It may be of varying lengths, and it may move either straight upward through the center of the hand, or it may slant in one direction or another. It may also be a series of shorter lines wandering around the central part of the palm, ever so slowly moving up toward the fingers.

The ancient pronouncement on this line was: "If you have this Line of Fate, fate will be favorable to you; you will be lucky in your life." (As this line was sometimes called the Destiny line, they may have told you that you were destined to be lucky.)

In the light of the modern interpretation of this line, the old advice actually has some basis, though rather weakly. Current hand analysis has sometimes renamed this the Line of Determination, for that is what this line reflects; determination.

It is, actually, a very positive line to have for it indicates a person with determination; with a clearer sense of purpose and goal. The deeper and stronger this line is, the more determined the person is. Ideally, it should be long and very deeply etched into the palm.

In some hands, this will not be such a definite line. It can be a wandering series of smaller lines, with varying depths. This would show you someone who has changed goals often, who changes their purposes and plans often. They are those who we often call a Jack of all trades, but master of none.

It is the major line that changes the most rapidly, in my experience.

One of the traditional signs of success was a "triangular" shape in the center of the palm. This is an interesting concept, in the light of the more modern perspectives on Palmistry

The base of this triangular shape is the Head Line - the kind of intellect. Those with a very short Head Line probably won't ever be chairman of the board. (Although, with enough determination, there is a long shot that they might. ..) Certainly, a longer Head Line, providing a broader base of this triangular shape, would be far more likely to have the intellectual drive required for success. One side of the triangle shape is the Life Line; the energy level. Having a strong, consistent vitality would certainly be another prominent asset for success.

Still, it might be argued that either of the above factors, the kind of mind we begin with and the sort of energy levels we habitually exhibit, are a matter of fortunate, or unfortunate, genetics. We either have a good mind - or we don't. We are either energetic or not. Although we can consciously make the most of what we are born with, (or not!) , these factors are not strictly matters of our choosing.

The final side of the "success triangular shape" is the fate/destiny/ determination line. This, unlike the other two lines is more under our conscious control. To my mind, this underscores the importance of this line.

With each waking day, we can choose to move a step or two closer to our goal - if we have one defined! Or we can choose to passively sit in place, be complacent, and take whatever happens to come along.

Certainly the sum total of these three lines is no absolute guarantee of success, but it certainly does increase the odds tremendously! A well trained mind, the energy to work toward a goal, and the strong determination to keep putting one foot in front of the other along our chosen path, unquestionably argues for success far beyond the unfocused, lethargic average!

I argue that of the three sides of the success triangle, the Fate Line is the most important. Even average intelligence with average energy levels, combined with a strong determination, is more advantageous than a strong mind, strong energy with little drive and determination.

Secondary Lines

There are many of these! These are some of the palm details that Palmists argue about amongst themselves. I can only point out the most common of these:

One of the general overviews of the lines goes like this:

Palmistry , like quite a few other schools of thought about the human body , often visualizes that our body is a combination of a number of complex energy systems. Energy, as described at the mechanical, chemical, electric or atomic levels, flows through our bodies. It is felt by some that there is a unique energy field that surrounds each of us and some of this flows through our hands.

It's described as flowing outward on the "active" - thumb side - of the hand and inward, to us, on the "passive" - little finger side - of both hands.

Small, secondary lines that follow this wrist-to-fingers direction - notably on the fingers themselves - are seen as generally positive. The more lines, in fact, the better! Although some people see their lined hands and fingers as unattractive, or "wrinkly", more of these positive lines means more energy, both in and out.

In the distant past, these have been called "Nurses Lines", acknowledging that these people can soothe, reassure, comfort - and possibly heal - with their touch. Such were the best nurses and midwives. A matter of more of this theorized energy flowing out into whatever is touched.

I've found that those with a lot of Nurses Lines are also excellent with animals - veterinarians, trainers, and "animal people" of all kinds. It's good to see someone who has pets with a lot of Nurses Lines.

This energy is seen as flowing in and possibly this is why people with a lot of Nurses Lines are seen as having a greater sensitivity at intuitive impressions, mostly notably when touching something. This suggests an ability at psychometry - the ability to gain surprisingly accurate impressions from people and objects through touch.

When you think of it, energy obviously does flow into us. Incoming energy, in the form of pulses of light, sound, and touch, is often also what we call communication.

It's understood that we often make some sorts of difficult to describe assessments of other people when we shake their hands. The people with more Nurses Line gain more information. Imagine the difference between a single radio antenna and dozens and dozens of antennas. An increased ability to pick up more subtle signals.

Secondary lines that cross the palm from side to side are sometimes viewed as less positive. They may be seen as places where the natural flow of energy is blocked, delayed or shorted out.

Worry Lines

One of the primary sites of these Wony Lines is on the Mount of Venus, that clue to physicality and energy, at the base of the thumb. These will be lines beginning at the base of the thumb and radiating outward across the Mount of Venus toward the Ufe Line.

They follow that very rough guideline about secondary lines that run across the palm being potential places where the natural energy flow is blocked or diminished.

Most people have at least few of these. Modern life almost automatically includes some amount of worry after all. When there are many of them - and certainly when they are quite deep - it is a sign of a lot of worry on the part of the client.

The major lines that we've examined take months to show major changes. I've concluded that it takes six to nine months, (and closer to nine than six for most people) , for changes to clearly show.

In the case of the Worry Lines these can change within 90 days to 120 days. When you see these the level of worry that you are seeing will be based on recent events or issues. Certainly of five months or less.

I associate these Worry Lines with the kind of fearful concern which involves imagining the worst possible outcome of some situation. Then the person emotionally reacts to this frightening or unpleasant fantasy which they've created. (Those with the more curved Heart Lines are more affected than those with the straighter Heart Lines.)

The problem is that - as you can see in the many worry lines - the client goes over and over and over these negative little "movies" in their imaginations. They can, in time, work themselves into anxiety and/ or depression in this way.

This is definitely an unhealthy, and useless, activity!

As our subconscious will "work" with whatever stimulus is presented to it this can cause all sorts of secondary problems. It's a matter presenting entirely too much "very bad news" to the subconscious.

Their subconscious is being focused on more negativity than is necessary. It is artificial negativity! It isn't real but their body reacts to it as though it were.

It's agreed that some attention must be paid to potentially negative results of our actions or the situations we find ourselves facing but it is a matter of degree.

Repetition is one of the major keys to training the subconscious to focus on a path of action. It is never wise to cause our inner mental workings to include too much unnecessary negativity. It can - and does - affect the outcome of many more situations that we usually give it credit for.

It can affect, primarily, the attitudes with which we face the troublesome situations. If we approach these with an unbalanced negative attitude we certainly can tip the scales against ourselves.

I sometimes tell the clients that it's like adding a little salt to the soup, which is fine, but then we go about adding a little more. And then adding a little more. And then adding a little more, until the soup is unhealthy to eat - but then we eat it!

When I see such wonky lines on the hands of a client I always mention this self defeating activity to them.

I may tell them the "salt" analogy. I may compare it with uselessly spinning their cars wheels when stuck in the mud. (It provides noise and the illusion of doing something - but only wastes tires and gas)

I advise them to work to face the problem if one truly exists. Do what they can do and don't try to control what cannot be controlled. I tell them: Don't Project fear forward into your own future based on negative fantasies!

They are wasting energy and possibly sabotaging their own future.

When a lot of deep Worry lines are found on the Mount of Venus, the tips of the fingers should be examined next.

Stress Lines

If there are multiple deep lines crossing most of the tips of the fingers from side to side you can tell this person is experiencing some real stress. (Examine both hands.) I inquire about it and advise that they speak with their family, minister, priest, priestess, shaman, doctor - or someone - about their problems. They are certainly in need of professional advice, or perhaps meditation or prayer - the best advice is different for different people but obviously some action should be taken.

There are other secondary lines and marks. The basic concept is a matter of the location. They will have an association with the trait described for the locations where such lines are found. Further investigation of these lines will be covered in further depth in Advanced Palm Reading Seminars.

Fingers

Each of the fingers has it's own name and significance. As with so many Palmistry terms, these names originate mostly with Astrology .

Forefinger -Jupiter

Jupiter was the preeminent god, and even in ancient times, the forefinger was represented as the primary finger .

Body language studies can give an insight into the significance of this finger. Note how a forefinger may be poked into someone's chest during an argument. How it is waved in accusation or shame in someone's face. How it's used like a small sword during arguments. (Remember being told that it's impolite to point at people?)

The forefinger is the finger of ego, assertiveness, aggressiveness and ambition. The length of this finger is the clue. The average forefinger will be almost exactly the same length as the ring finger on the same hand. The longer Jupiter is, in comparison, the more ego-driven, ambitious, assertive or even aggressive and dominating the person will be. It is the sign of a natural leader .

It can be a sign that the person will eventually hold a supervisory or management role. It may not mean that such a person is inevitably the best person for the job, but more that their drive will help them reach this position. If Jupiter is extremely long, it reveals a person who's ambition is to be first, strongest, most influential, richest or best - at most any cost.

Napoleon was said to have had a forefinger that was as long as his middle finger, a mathematical rarity. To this day, an extremely long forefinger is sometimes called a "Napoleonic" finger.

In giving a Palm Reading, where both members of a relationship are present, it's often interesting to compare their forefingers. It can be a clue about who is the usual big decision maker. Those with long Jupiter's will be the more dominating, rather than the dominated.

A shorter Jupiter will identify a person with less assertiveness. If very short, the person will likely have a history of shyness when young, inferiority feelings and uncertainty about their own talents and abilities. In a relationship with someone with a notably longer forefinger, this person will be the dominated half, if they aren't watchful. They will be very similar to those found with a very soft Mount of Mars.

You will find relatively often amongst adults those with a short Jupiter, but with a firm Mount of Mars. Know that they've developed the Mars assertiveness over time, to compensate for the uncertainty they experienced associated with the short Jupiter. In most cases this would be probably necessary to prevent themselves from being eternally dominated by strong people.

Those with both a long Jupiter and a very firm Mount of Mars? I'd probably advise against getting into heated arguments with them!

Middle Finger - Saturn

Sometimes referred to as "the serious finger", it is associated with conventionality, responsibility, and introspection. A moderately long Saturn will be found on those with a "serious" personality, who are responsible people, possibly quiet, contemplative and philosophic.

The longer Saturn is, the more they take their work, their lives, and sometimes themselves quite seriously. They are prone to favor conventional opinions and could well reject viewpoints or lifestyles that they deem to "outrageous" or wildly unconventional. At extremes such people can be too somber and overly serious; depressed and depressing.

A very short Saturn is found in those who are guided almost purely by their unconscious, creative and intuitive inner self. This can, depending of the individual, be positive or negative. According to folklore this short Saturn finger on both hands, was one of the important signs that led ancient Palmists to predict the eventual spiritual leadership of the Buddha.

Ring finger - Apollo

This finger's significance is artistic talent of some sort. Certainly it indicates an appreciation for beauty in all its forms. Visual artists, musicians - or those with such potential talents - are identified by their noticeably longer Apollo fingers.

If the rest of the hand shows imagination, determination and energy, the person will probably be making use of this natural talent. Combined with a very long "Fate Line" and a Head Line that drops downward into the Mount of Luna, and you may comfortably predict some amount of eventual fame or recognition.

If the artistic finger is long, but the rest of the hand shows little imagination, low energy and little sense of determination, one can suspect that the person is appreciative of artistic talent, but will likely only daydream about accomplishing anything.

There is a secondary classical suggestion that those with a long Apollo, but with little other positive indications, may be involved in gambling. I can't say that I have seen this pattern ...yet.

Little finger -Mercury

It is associated with communication. I often imagine it as being an antenna, picking up signals from and broadcasting signals to the surrounding environment. I think it is perfectly appropriate that this finger is located above the Mount of Luna, the mount of intuition. (The fact that energy from the surroundings is felt to flow inward through this finger seems to fit, too!)

The longer this finger is, the better at communications the person is. A noticeably longer tip section of Mercury is about verbal communications. Those whose little finger tip is quite long compared with the first two sections will exhibit what the Irish call “the gift of Blamey” Smooth talkers and convincers. Good salespeople or teachers. They can explain things in ways that get the message across clearly or that motivate the listener to some specific action.

It’s a natural for public performers of some sort; actors, talk show hosts, negotiators, for example.

There is a subtlety here. Look at the individual sections of the finger, (phalanges). If the central section is the longest, the person is more likely to communicate in some way that is not necessarily directly in the public eye. They could be writers, for example. It would help if they also had in such an instance a long Head line and a larger Mount of Luna - both suggesting Imagination. .

The thumb - Pollex

This is a very important part of the hand! Some feel it to be the most important part. When we talked of hands in general and how our human civilization is a product of our hands you then must realize that the hands are pretty much useless without the thumbs.

A fellow Palmist who had visited India once described to me a ‘Palm Reading’ he’d had there. The local expert spent the entire half hour merely examining his thumbs!

Our thumb is an amazing bit of engineering. The saddle joint at it’s base, allows forceful motion in many directions. Human wrist bones are arranged slightly different than those of the monkeys and apes. Apparently this affects the way the thumb is anchored by its tendons, which gives us humans a superior grasp. This allows us to perform many strength related manual functions that probably wouldn’t be possible for monkeys and apes, even if their intellect were closer to ours.

It has been argued by some that if the monkeys or apes thumbs were more like ours these creatures would have developed tool use, much as we did, and would - by now anyway - be just another couple dominant races of people on this planet.

Generally the larger, longer and stronger the thumb the better . These “macho” thumbs are found on those who are more capable and stronger. More force of character. Those who accomplish more throughout their life.

It is very similar to having a very long, strong Fate Line - only more a matter of being born that way as opposed to choosing to be more determined and strong-willed as seen in the Fate Line.

One of my clients who works in a major art museum points out that the historical portraits of warriors, kings and leaders will almost always show the famous man (or woman!) with a very strong thumb.

People with very short, stunted thumbs will show the opposite of these traits. It's not that they don't, or can't, accomplish things in their lives, it's that they will have to consistently - and consciously - push harder to accomplish their goals. Sometimes I think I see more frustration in their lives.

It is also useful to examine the complete thumb.

The base of the thumb is the Mount of Venus. Energy/vitality.

The middle section is about planning. The longer this section is the more effort the person will make in getting goal details figured out ahead of time.

The tip section in every text I've seen over the years is labeled “will power” or “strength of will.”

The ideal would be a large base (Mount of Venus) and equally long center and tip sections; energy, planning and follow-through.

I sometimes call such a perfect thumb a “taking care of business thumb”. People with such a thumb make wonderful heads of companies or businesses. They've got the energy, they plan the steps they must take and then they do it.

Imbalances in the three parts of Pollex can show a lack of planning, too much planning and not enough action, too much action without planning, low energy, or various combinations.

Those with shorter thumb tips may accomplish somewhat fewer of their goals over time. In extremely short thumb tips you will see a thumb nail that is so short that it is wider than it is long. The ancient Palmists often called this a “murderers' thumb!”

An overly dramatic label but certainly reflecting the impatience and frustration that such people are prone to. Figure this reading: If the base of the thumb (Mount of Venus) is large they have the energy. If the central section is long they spend a lot of time planning and getting things ready. Yet, with a stunted tip of the thumb, they don't quite follow through on these plans; they don't finally act and use all that energy.

My impression is that they feel held back, impatient, frustrated and that everything is taking far too long and too much energy to accomplish than they feel it should. They may then finally blow up in anger. It sure is not an indication that they will go out and murder!

I once had a conversation with a Navy man, who worked for many years in a "brig" (a Navy jail). He said that the people who were locked up for physically violent crimes often seemed to have two curious features. They would often have a large number ("more than three") of tattoos, or they had these strange, short, stubby thumb tips like ball pen hammers. Very strange and interesting!

Another thing to investigate about thumbs is their flexibility. With the clients palms facing up gently press against their thumb tips to see how easily the thumbs bend back toward the wrist. You may be surprised how variable this factor is, even between the two thumbs of the same person.

The stiffer the thumb, the less quickly you will get that person to change their mind and/or opinions. Those with very flexible thumbs (almost like no bone at all within) will be very changeable, gullible, and have very little sales resistance. They can be - and probably have been - talked into and out of, a lot of things most of their lives.

Stiffer thumbs show the opposite. If the thumb is very firm, almost not moving at all, you can be assured that this person has been called stubborn by people around them. Hardheaded. This is neither positive or negative really. It depends on what the persons goals and work may be. A prison guard maybe best if unmovable. A negotiator may accomplish more if they are flexible.

Marriage?

Classical Palmistry, with its emphasis on predictions, points to the little finger edge of the hand. Look in the area between the beginning of the Heart Line and the crease at the base of Mercury.

This is one place where a magnifying glass will be most useful!

You are looking for relatively short lines going from side to side; they would cross the palm if they were long enough. In times past these were called Marriage Lines. The

number of lines would be counted and you would be told how many times you would be married. Of course in the elder times divorce didn't exist so there would be accompanying suggestions that one would outlive one's mates in the case of multiple lines.

How times have changed! I call these lines Relationship lines; there are all sorts of relationships after all. Some experts have used the terms "Lines of Romance." or "Lines of Romantic Opportunity", this last label might be used when the woman's husband, mother or close friend is listening very closely nearby!

Begin at the bottom of this small space at the edge of their hand, next to the Heart Line's beginning. Count these short lines that are directly on the edge of the palm. Some will be deep and longer. Some will be very , very faint and very short.

I explain that at this moment at least, this is the number of relatively serious relationships that they will encounter in their life. Some may be short relationships, some may last for years and years.

A recent conference with other Palmists found that the consensus is this: Any relationship that lasts one to two years seems to fit the description of "serious relationship".

The very faint and short lines? I see them as far less serious relationships. Ones that don't really count. (This phrase comes from the women who's hands I've found these lines on. One woman referred to these very short relationships as "practice!")

This is an awkward subject to discuss when others are listening nearby. It's a subject that most people want to hear about - but they don't necessarily want others to hear about.

When the husband, mate or lover is sitting next to my client I may imply that this potential "romantic opportunity" is referring to that listener. (Which certainly maybe true, but who knows?) It's the only time that I may dissemble in a reading, as I know that serious arguments can be based on this subject.

The usual next question is when such a relationship will start - or end.

Timing in Palmistry has almost as many theories as there are Palmists. I have found none of them to be fully satisfactory. In general for these Relationship Lines, the earliest relationships are very close - or even mixed with - the beginnings of the Heart Line. One reads from that point upward toward the base of the finger. If a line is very near the center of this space then it would be mid-life. It's all very inexact so I sometimes advise them to consult with an Astrologer, who have a far better track record in dating events.

One last note: You will sometimes find a long, deep line - a long relationship. Very close to it. toward the little finger you see a tiny, faint line. Do you suggest to your client that they have a long relationship - and a lover. too?

This could be true of course but I've found the most likely situation is that even though your client is involved in a serious relationship someone else is going to come along and show some serious romantic/sexual interest in them.

With a very faint and/or short line. of course. you can't tell where this may, or may not, go. You'd have to look at their hand many months - or a year - later to see how it changes, or not.

For women only - Children's Lines

The second most popular question I am regularly asked deals with children. Women in the mid-forties or later don't care much but those who are younger do.

Again. using your magnifying glass:

Look in the same area where you found the relationship lines. This is not right on the palm below the little finger but slightly more toward the outer edge of the palm. In this case, we are searching for lines that run the "long way" of the palm; the opposite of the relationship lines.

Similar to the Relationship Lines, these lines may be quite deep or very faint. One counts only the deepest and longest of these and gives the client this number .

In comparing experiences with Palmists from other countries, we find that this is far more accurate in the non-industrialized countries than in the industrialized ones.

Here in the United States, where I've read, I find these lines less accurate. Palmists from South America and the Philippines report a higher number of perfect successes.

I think this is a matter of a variety of cultural. religious, educational and/ or financial factors.

In the more "modern" countries. one can make a short trip to the pharmacy and decide whether or not one is going to get pregnant. It's more choice than chance these days. since about 1960. (The year of The Pill!)

Still, I'm surprised at how often these numbers are hits! I can't explain why it is so. I only can report that it is.

You will find that this is the question that women will use the most to test you. At least a third of the time the older women will later sheepishly admit that they already have the number of children that I've counted from the Children's Lines. (That's how I've discovered the mysterious accuracy of this clue.)

A few last miscellaneous notes:

One bit of philosophy that should be talked about is the way the hands change over time.

The kinds of changes seen in the hands are based on our thoughts, feelings and actions. Change these thoughts, feelings and actions and the clues that you see in the hands will change, too.

Much of the old view of life was that we are all traveling along a road. There are intersections, turns, mud puddles, angry dogs, helpful fellow travelers - all sorts of things ahead on the road and that we will inevitably meet each of them when we get to certain points on our journey. There's nothing we can do about it - it's just fate!

The more modern view says that where we go along this road depends on the choices we make along the way. Should we turn here or there? Should we stop and camp now? How fast should we walk along? How willing are we to help other travelers or to accept help from others?

If we have chosen certain routes in the past it may prevent us from reaching some places in the future. Our choices in the morning determine our destinations at nightfall. It's not fate at all!

What we see written in the hands of clients has nothing to do with fate. It has to do with their choices. At the very best, all that we can say to our clients might be prefaced with:

"If you continue in the direction you are presently going ...".

If, however, they change their thoughts, feeling and actions - they can change their future!

So that very faint Relationship Line in the clients future points out that someone is going to express an interest in some sort of relationship with the client. What actually comes of it depends on the reactions of the client. They may choose to get involved - they may not.

Another point to consider:

When you are new to Palm Reading, you are probably very enthusiastic about it! You find that when you tell people certain things based on their hands they are amazed and intrigued. You are amazed and intrigued! It's fun for them - it's fun for you.

And yet. ..this can turn into you being a horrible bore. You can go around forcing your Palm Readings on people who could care less. The rule is to only read for those who are genuinely interested - those who ask!

This is one reason for eventually requiring a payment of some sort for the Palm Reading. It separates the truly interested - who are perfectly willing to pay you - from those who could care less - and might only pay you to shut up and go away!

*The number one question you are going to hear about is the Life Line. It is fear of what this may show about sickness and death that makes quite a few people hesitant about getting a Palm Reading in the first place.

The old books in libraries will still often talk about life expectancy and so will get quoted by those who have only read such outdated books.

Tell your clients: "If anyone promises that they can tell you when you are going to die, look and see if they have a gun in their hand. Otherwise, hide your cash and run away as you know you are dealing with a scam artist or an idiot."

Sounds harsh, but that's about all that can be said about that!

Further Study

Now that you have covered the basic of Palmistry, you can see how very much can be determined about people by examining their hands. Certainly you will never look at hands - your own in particular - in the same way ever again!

There are three factors in Palm Reading that can only be gained through experience and/or further training.

The first is a matter of degree. How long is long? How short is short and how deep is deep? How puffy must a mount be before it's significant?

The answers are matters of comparison and can really only be gained by looking at a lot of different hands. It's difficult to make accurate judgments, otherwise.

The second factor is the interrelationships of clues. Combinations of different clues in the hand can suggest something far different than looking at only a single clue. This also, is a matter of experience as well as training.

An example: The woman who is in her mid-forties has a long Jupiter finger, a strong thumb, a medium hard Mount of Mars and a distinctly long and straight Fate line. She has a long Relationship Line at about mid-point along the area where such lines are found.

I tell her that the long relationship seen there is a very good one. How can I say that?

It's just a matter of Sherlock Holmes flavored reasoning, really. Given how strong and determined this woman is there just isn't a chance that she'd stay in a relationship of any real length if it wasn't good! She would not put up with bad treatment! Easy.

The last factor is communication with the client. With some serious study you will get a rough idea of what a certain Palmistry feature means. The challenging part is explaining that meaning to the client in a way that insures that they clearly understand what you mean.

Examples of this are my comparing the Mount of Venus with a battery, or the salt in the soup lines.

Some of the various texts on Palmistry will use examples to explain things that you can steal and use! I'd recommend reading a few different texts on Palmistry. You will find some disagreement between authors and start to get confused but just steal their explanatory examples and phrases without getting trapped in esoteric arguments.

Finally, something you can do on your own:

Talk a lot of your friends and acquaintances into photocopying their hands!

A lighter setting of the copier seems to work best. Request a print of the back of their hands too allowing a clearer view of the length of their fingers. Have them note on the copies whether they are right handed or left handed.

This will allow you the freedom to spend hours looking at the prints and comparing them with multiple Palmistry texts. I find this to be a wonderful way to gain some basic knowledge of the wide variety of hands.

One good tactic is to promise them that you will give them a brief - ten minutes or less - reading of their hands in "payment" for their hand prints. They will rarely refuse, as most people will be eager for the Palm Reading. (Still, be careful of becoming a bore here!)

The beauty of this idea is that even if you are relatively new to Palmistry you can later give a very good, complete reading for them. After all, you've had hours to study their hand prints! The reading itself should be simple to do.

A last hint in learning: Have your own hands read by as many Palmists as you can find. What do they say? How do they say it? How long do they take? You won't be able to duplicate all that the pro's do immediately of course but you can get a very good feel for the process this way.

Finally, have fun! You will find your popularity increasing more and more - and your own intuition will get better and better .

Who knows where it will eventually lead you? It could easily be fame and fortune if you get very, very good!

I hope to hear of your fame and fortune!

A NOTE:

In many of my classes, after completing Modern Palm Reading 101, the question arises: "When are you going to hold the Advanced Class on palm reading?" I tell them as I'm now telling you:

"The Advanced Class text is written in the hands of the first one hundred people you give a palm reading. When you've finished reading them, you will have completed the Advanced Class. "

It's a 'class' that you - and they - will enjoy!

Best wishes for Success!

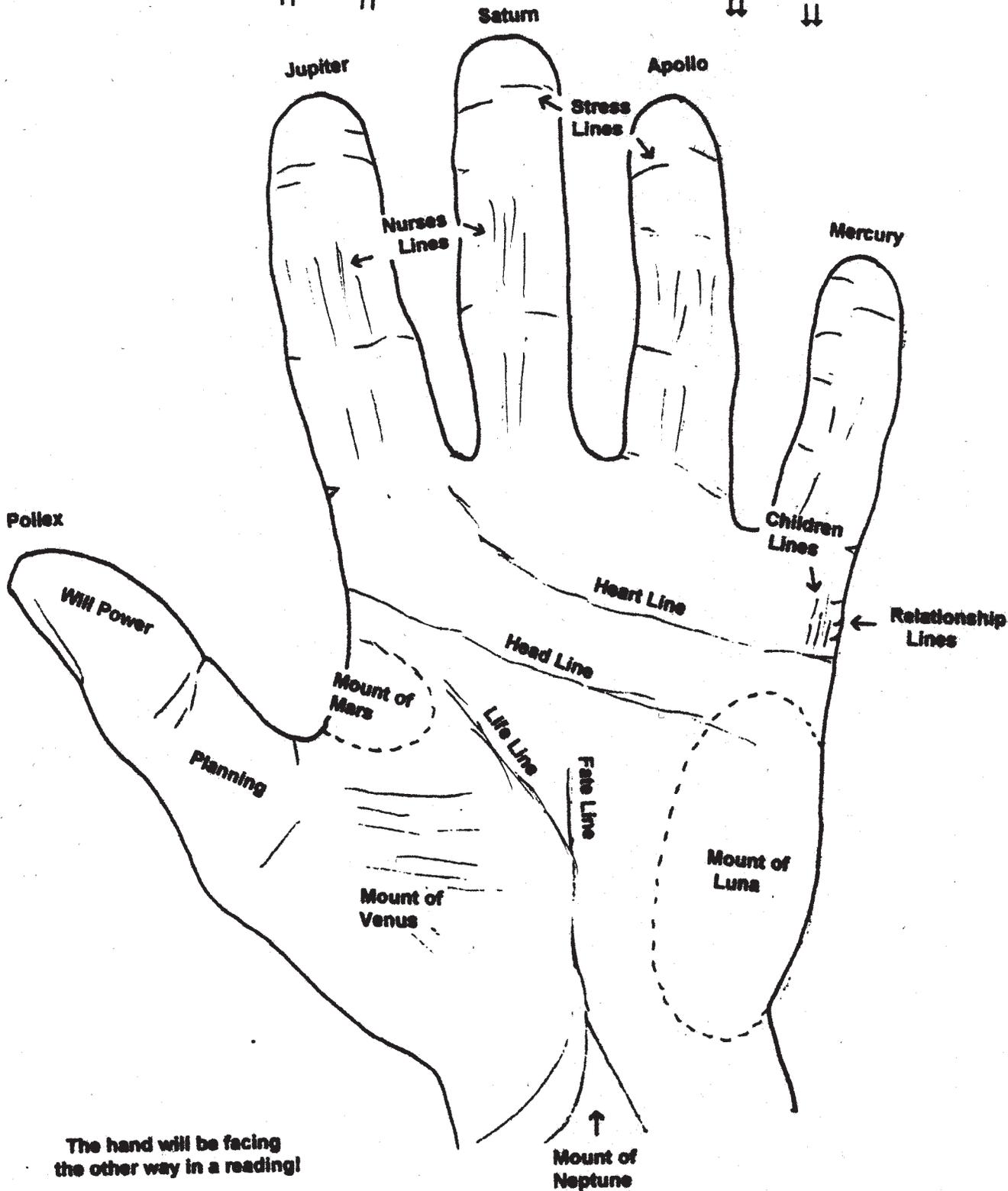
Frederick

Conscious/Active Side

Subconscious/Passive Side

ENERGY OUT

ENERGY IN



The hand will be facing the other way in a reading!